I claim:

1. A tape breaking device comprising:

   a ring having an open section;

   at least one pointed protrusion extending outward along an axis from an outer circumferential surface of said ring.

2. A tape breaking device according to claim 1, wherein said pointed protrusion extends from a part of said outer circumferential surface, wherein said part is opposite to said open section.

3. A tape breaking device according to claim 1, wherein said at least one pointed protrusion comprises two or more protrusions.

4. A tape breaking device according to claim 3, wherein said protrusions each extend along an axis, wherein said axes of said protrusions are substantially parallel.

5. A tape breaking device according to claim 3, wherein said protrusions each extend along an axis, wherein said axes are angularly offset.

6. A tape breaking device according to claim 3, wherein said protrusions comprise distal tips, wherein said protrusions each extend a distance, such that said distal tips are substantially positioned in one line.

7. A tape breaking device according to claim 1, wherein said at least one protrusions comprises three protrusions.

8. A tape breaking device according to claim 7, wherein said three protrusions extend along axes, said axes being substantially parallel.

9. A tape breaking device according to claim 8, wherein said three protrusions each extend along an axis, said axes of said protrusions are angularly offset.

10. A tape breaking device according to claim 8, wherein said three protrusions have distal tips, wherein said protrusions each extend a distance, such that said distal tips are substantially positioned in one line which is substantially perpendicular to the axis of a middle protrusion of said three protrusions.

11. A tape breaking device according to claim 1, wherein said device is made of a resilient material.

12. A tape breaking device according to claim 1, wherein said device is made of plastic.

13. A tape breaking device according to claim 1, wherein said ring is oval-shaped.

14. A tape breaking device according to claim 1, wherein said ring has an inner dimension sized to fit over a human finger.

15. A tape breaking device comprising:

a ring having an inner dimension sized to fit over a human finger;

at least one pointed protrusion extending outward along an axis from an outer circumferential surface of said ring.

16. A tape breaking device according to claim 16, wherein said at least one pointed protrusion comprises three protrusions.

17. A tape breaking device according to claim 17, wherein said protrusions comprise distal tips, said distal dips being positioned substantially in one line which is substantially perpendicular to said axis of a middle protrusion of said three protrusions.

18. A taping kit comprising:

A. a roll of tape, said tape having an adhesive on one side;

B. a tape breaking device, said device comprising:

a ring having an open section; and

at least one pointed protrusion extending outward along an axis from an outer circumferential surface of said ring; and

C. a unitary package comprising:

i. a substantially planar sheet member supporting said tape roll and said tape breaking device on one surface thereof; and

ii. an at least partially transparent cover disposed over said tape roll and said tape breaking device, and extending from points on said surface disposed about said tape roll and said tape breaking device.

19. A tape breaking device according to claim 18, wherein said at least partially transparent cover is molded with a first depression sized to receive said tape roll and a second depression sized to receive said tape breaking device.

20. A tape breaking device according to claim 18, wherein said at least partially transparent cover and said substantially planar sheet member are mounted together by melting peripheral edges of said at least partially transparent cover to peripheral edges of said substantially planar sheet member.